

# ABTA

## Facial Foundations Course

At the Australasian Beauty Therapy Academy, we aim to provide students with a reliable, and flexible learning and assessment process, where evidence gathered through a range of methods is validated against the unit of competency. Practical sessions can take place in school hours and in both practical training classes and the student clinic. The student clinic simulates a beauty salon environment and provides actual beauty services to members of the public. In this environment, students are able to apply the full range of competencies against learning outcomes in a supervised environment. This continuous assessment process, which is ongoing for the full duration of the course, provides strong evidence to support the student's final course outcome as well as a tool for constant student feedback and improvement during the course.

### About this course

This course is designed for those wishing to develop the skills and knowledge to establish priorities with clients, synthesise knowledge of anatomy and physiology, skin science, cosmetic chemistry to design and provide facial routines and advice on products and protection of facial skin. The course covers knowledge and techniques for:

- Preparing the client and work area for service
- Identifying contra-indications
- Identify the different skin types, skin conditions and skin diseases, disorders.
- Performing standard facial treatments (include: pre-cleanse, skin analysis, exfoliation, extraction, facial massage, mask therapy and tone & moisturising)
- Providing aftercare and homecare advices

### Prerequisites

SHBBSSC001 Incorporate knowledge of skin structure and functions into beauty therapy

SHBBSSC002 Incorporate knowledge of body structure and functions into beauty therapy

### Assessment

- Attendance record - class attendance
- Written assignment
- Practical assessment: minimum of 5 treatment records to satisfactory level

### Duration

Total estimate including home study and assessment is 100 hours.

To graduate and receive your award certificate, you are required to complete all the course requirements within three months after commencement date of the course in accordance with the ABTA student policies and procedures.

### Qualification awarded

Statement of Attainment. Nationally recognised award.

**SHBBFAS005 Provide facial treatments and skin care recommendations**

### Tuition fees

Course is \$1,000. Includes \$200 deposit, non-refundable. Full payment is due 14 days prior to course commencement date.

The fee above covers the cost for all module notes and use of all products, & disposables in the Academy.



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