

FOOT REFLEXOLOGY

At the Australasian Beauty Therapy Academy, we aim to provide students with a reliable, and flexible learning and assessment process, where evidence gathered through a range of methods is validated against the unit of competency.

Practical sessions can take place in school hours and in both practical training classes and the Student Clinic. The Student Clinic simulates a Beauty Salon environment and provides actual beauty services to members of the public. In this environment, students are able to apply the full range of competencies against learning outcomes in a supervised environment. This continuous assessment process, which is on going for the full duration of the course, provides strong evidence to support the student's final course outcome as well as a tool for constant student feedback and improvement during the course.

1. DESCRIPTION:

This course is designed for those wishing to develop the skills and knowledge to provide relaxation treatments using reflexology techniques. It requires the ability to consult with clients, select products and techniques, and provide manual reflexology relaxation according to client needs and agreed treatment plan. Reflexology can be an individual treatment, or form part of a series of treatments. The course covers knowledge and techniques for:

- *Preparing the client and work area for service*
- *Identifying contra-indications*
- *Identify the different skin types, skin conditions and skin diseases, disorders.*
- *Provide foot reflexology addressing client's concerns*
- *Providing aftercare and homecare advices*

2. PRE-REQUISITE AND/OR CO-REQUISITE: NONE.

3. ASSESSMENT INCLUDES:

- *Attendance record (class attendance)*
- *Written assignment*
- *Practical assessment: minimum of 4 treatment records (to satisfactory level)*

4. COURSE DURATION AND COMPLETION DATE:

Total estimate (including home study and assessment): 30 hours (depend on the level of competency)

To graduate and receive your award certificate, you are required to complete all the course requirements within three months after commencement date of the course in accordance with the ABTA Student Policies and Procedures.

5. QUALIFICATION AWARDED:

Statement of Attainment (Nationally recognised award):

SHBBBOS005 Use reflexology relaxation techniques in beauty treatments

6. YOUR INVESTMENT:

Tuition Fee: A\$500.00 (Include \$100 deposit, non-refundable)

(The fee above covers the cost for all module notes and use of all products, disposables in the Academy)

7. TUITION FEE PAYMENT METHOD:

Method: Pay in full (Total amount need to be paid at least one week prior to course commencement date)