

# ABTA ADVANCED SPA

At the Australasian Beauty Therapy Academy (ABTA), we aim to provide students with a reliable, and flexible learning and assessment process, where evidence gathered through a range of methods is validated against the unit of competency.

## 1. DESCRIPTION:

Spa Therapy is a multi billion-dollar growth industry not just in Australia but also around the world. In this Advanced Spa program, you will not only learn the most up-to-date techniques & skills to perform dry & wet spa treatments for the purposes of relaxation, stress release by using hydrotherapy and Sea marine products, but also learn hands-on techniques of performing stone massage and Balinese massage.

Our experienced educators get up close & personal with this hands-on training. You will learn the key aspects in 7 sessions plus un-limited clinic hands-on practice & is directed at those looking to gain employment in the Spa industry as a qualified Spa Therapist!

Subjects covered during this course will include following make-up techniques:

- *Spa Therapy principal and etiquette*
- *Dry body exfoliation*
- *Salt-glow body exfoliation*
- *Hydro-body wrap*
- *Seaweed body wrap*
- *Hot-oil body wrap*
- *Body mask therapy*
- *Stone massage using volcanic hand-crafted rocks*
- *Balinese massage*
- *Head massage*
- *Dry-room treatments*
- *Explore other spa treatments*

**2. PRE-REQUISITE AND/OR CO-REQUISITE:** None. (course entry requirement please refer to Student Admission Policy and Procedure found on ABTA website: [www.abtaedu.com.au](http://www.abtaedu.com.au))

## 3. ASSESSMENT INCLUDES:

- *Attendance record (class attendance)*
- *Practical assessments: minimum of 6 Spa treatment records and 6 Stone massage records (to satisfactory level)*
- *Assignments*

## 4. STUDY METHOD:

### ***Distance learning plus practical in-house training and assessment:***

You are required to attend all training classes. The training classes run regularly through out the year, please check out the short course class timetable summary for more details on upcoming course dates.

You will complete assignments for each unit at comfort of your own home, submit them in when they are completed. You will have assistance and support at all time, even on the weekends, you can contact the tutor by phone or email if you need help with your study. The assignments can be submitted by email or mail.

## 5. COURSE DURATION AND COMPLETION DATE:

To graduate and receive your award certificate, you are required to complete all the course assessment requirements within four (4) months after commencement date of the course in accordance with the ABTA Student Policies and Procedures.

## 6. QUALIFICATION AWARDED:

Statement of Attainment (Nationally recognised award):

**SHBBSPA001 Work in a spa therapies framework**

**SHBBSPA002 Provide spa therapies**

**SHBBSPA003 Provide stone therapy massages**

Statement of Attainment (Non-Nationally recognised award):

**ABTA Advanced Spa certificate**

**Certificate in Balinese Massage**

## 7. YOUR INVESTMENT:

Tuition Fee: \$2,600.00 (Include \$500 deposit, non-refundable)

(\$300 discount apply to students are studying the Certificate IV or Diploma in Beauty Therapy at ABTA)

Fee above covers:

- *The cost for all module notes, handouts and use of all beauty and Spa equipment & products, disposables in the Academy during study;*
- *A Spa starter kit (products used for Spa treatments)*

## 8. TUITION FEE PAYMENT METHOD:

**Method 1: Pay in full**

(Payment needs to be made in full at least one week prior to course commencement date)

**Method 2: Flexi Payment Plan:**

- *Fee can be paid by installments, as long as the full amount is paid one (1) week prior to course commencement date.*

\* Please contact ABTA for more details.