

"Studying at ABTA has been a steep learning curve but it has been a great learning experience. Coming from an accountant background, I've out my career transfer to become a beauty therapist under careful consideration through a self-analysis and an understanding of what I wanted out of life. It has been great pleasure learning at ABTA. I feel not only am I learning a broad range of beauty topics but also a greater understanding of what "LIFE" means."

Rosanna  
ABTA Graduate



# BUNDLE PACKAGE

## BEAUTY + SPA

### Description

This **bundle package** is designed for students who wish to work as a beauty/ spa / aromatherapy/massage therapist or who wishes to manage their own salon/spa. This comprehensive program combines two most popular complementary modalities - beauty and spa therapies. Graduates of this program will become some of the most highly qualified and sought after therapists in Australia and around the world.

The Course teaches you broad range of beauty and spa treatments and services including body exfoliation and body wraps, hydrotherapies, thalassotherapy, stone massage, body massage, facial treatments, hair temporary and permanent removal, lash & brow treatments, makeup and nail services and much more. Our trainers will share their extensive knowledge and skills with the students in class, providing close monitoring and assistance in ABTA Student Clinic when students are practicing their skills on real cases and real clients. ABTA provides a passion-driven learning environment, to equip students to be job-ready when they graduate..

### Course Content

#### *Beauty and spa services include:*

- Facial treatments
- Facial electrotherapy treatments
- Manicure and pedicure
- Waxing and Brazilian Waxing
- Lash & brow services
- Make-up
- Relaxation body massage
- Lymphatic drainage massage
- Slim-toning treatments
- Cellulite treatments
- Foot reflexology
- Indian Head Massage
- Electrolysis permanent hair removal
- Micro-dermabrasion skin care treatment
- Ear piercing
- Spray tanning
- Lash extension
- Body exfoliations
- Salt glow
- Body mask and wraps
- Hydrotherapies
- Thalassotherapy
- Hot stone massage
- Balinese Massage

#### *Industry knowledge and fundamental training include:*

- Skin Biology
- Nail science
- Anatomy and Physiology
- Nutrition and fitness
- Cosmetic chemistry
- Business operational skills
- Balinese Massage

### Duration

#### *Full time:*

3 days/week, over 12 months (1 term break in mid year), include ABTA Student Clinic practice. Plus external work experience.

#### *Part time:*

18 months 2 nights/week, over 18 months (2 term breaks), plus 8 sessions Spa classes, ABTA Student Clinic practice and external work experience.

### Supplies, beauty kit & Learning Materials

The beauty kit is \$300, includes a beauty uniform, and notes, workbooks. Products are supplied during training.

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## BEAUTY + SPA

### Unit of Competency

Code	Unit Name
SHBBBOS002	Provide body massages
SHBBBOS003	Provide body treatments
SHBBFAS001	Provide lash and brow services
SHBBFAS002	Provide facial treatments and skin care recommendations
SHBBFAS003	Provide specialised facial treatments
SHBBHRS001	Provide waxing services
SHBBMUP002	Design and apply make-up
SHBBNLS001	Provide manicure and pedicure services
SHBBRES001	Research and apply beauty industry information
SHBXCCS001	Conduct salon financial transactions
SHBXCCS002	Provide salon services to clients
SHBXIND001	Comply with organisational requirements within a personal services environment
SHBXWHS001	Apply safe hygiene, health and work practices
SHBBHRS004	Provide hair reduction treatments using electrical currents
SHBBINF001	Maintain infection control standards
SHBBSKS002	Provide diathermy treatments
SHBBBOS006	Provide superficial lymph massage treatments
SHBBBOS005	Use reflexology relaxation techniques in beauty treatments
SHBBHRS002	Provide female intimate waxing services
SHBBSKS005	Provide micro-dermabrasion treatments
SHBBSPA004	Provide Indian head massages for relaxation
SHBBBOS001	Apply cosmetic tanning products
SHBBCCS001	Advise on beauty products and services
SHBBMUP001	Apply eyelash extensions
SHBBSKS001	Pierce ear lobes
SHBBSPA003	Provide stone therapy massages
SHBBSPA001	Work in a spa therapies framework
SHBBSPA002	Provide spa therapies

### Assessment

Assessment is competency based, which means you are required to demonstrate competency by successful completing of written knowledge exercises, group work, oral activities, practical skill demonstration and observations. You will also build up a portfolio record of completed beauty services during the training.

### Qualification awarded

#### Nationally recognised qualification

SHB50115 Diploma of Beauty Therapy  
Statement of Attainment Provide stone therapy massages SHBBSPA003

Statement of Attainment Work in a spa therapies framework SHBBSPA001

Statement of Attainment Provide spa therapies SHBBSPA002

#### Additional qualifications (non-accredited)

Certificate in Balinese massage

### Entry requirement

You will need to be at least 16 years old, and meet the entry requirements outlined in [Student Admission Procedures for Approved Courses](#), outlined on ABTA's website.

### Pathway to International Qualifications

Student enrolled in this course may upgrade to the highest level of qualifications in Beauty Therapy – the International Diplomas – the global passport to work anywhere in the world. Please refer to [International Diplomas Course](#) for more details.

